

**Interpersonal Communications 11**

**Mz. Hope**

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This course looks at the complex nature of interpersonal communications. Both theory and practical skills are covered. By using the **experiential approach**, you will develop a deeper awareness of yourself as a communicator, and in turn, increase your understanding of others and the effect of communication on relationships.

**Units:**

1. **Introduction**
2. **Self Concept and Restitution**
3. **The Communication Process**
4. **Non-Verbal communication**
5. **Listening and Empathy**
6. **Digital Conversations**

**Evaluation:**

* This course is highly experiential. To be successful in completing the goals of this course, attendance is an absolute necessity. Participation in all activities is mandatory.
* Reflective responses to theory and practical work in both verbal and written forms.
* Worksheets, quizzes, tests, research, group and individual work.

**Classroom expectations:**

* **No cell phone use during class**. You will be given a “text break” half way through class. Please respect our need to interact on a person to person level.
* Lates: please enter the classroom quietly and participate without causing disruption.
* Please come to class prepared with a binder and pen/pencil and an open mind.